ZERO TO CLEAN IN 30 SECONDS

Taking less than a minute to properly wash hands can help protect health and prevent the spread of bacteria and viruses that can cause illness.

1. TURN ON FAUCET
2. WET HANDS
3. APPLY SOAP enough to cover all hand surfaces
4. LATHER THOROUGHLY scrubbing for at least 20 seconds and being sure to clean palms, backs of hands, between fingers and under fingernails

5. RINSE HANDS
6. DRY HANDS thoroughly with a single use towel
7. TURN OFF FAUCET using towel
8. YOUR HANDS ARE NOW SAFE!

CDC and WHO guidelines for safe and effective handwashing